

ABSTRACT

Reproduction AV data obtained from an optical disc 41 is stored into a RAM 50. An AV signal whose reproduction start timing has been controlled is outputted from the RAM 50. Breath of a viewer is measured by a sensor 61. A measured signal is supplied to a peak detecting circuit 63 through a low pass filter 62 and timing of a peak value is detected. On the basis of the detected peak value, a change point detecting circuit 64 detects a change point from an inspiratory period to an expiratory period of the breath of the viewer and forms a reproduction start signal. The reproduction start signal is supplied to the RAM 50. Reading timing of the AV signal from the RAM 50 is controlled to the timing synchronized with the reproduction start signal. By controlling the start timing of the AV information in accordance with organic information of the viewer, a situation in which the timing is synchronized with the actual performance or the breath, excitement degree, or the like upon acting can be reconstructed.